



Alato

8

Type: **Supplement**

Indications

Food supplement useful for children, pregnant and lactating women, elderly people, convalescing people, people in conditions of organic deterioration, people with food shortages and for sportsmen.

Recommended daily intake:

2-10 tablets a day, according to medical advice.

Physiological value:

Food supplement that helps the restorative action.

Method of preservation:

store in a cool place, protected from light.

Contains:

500 tablets of 400 mg, total net weight 200 g e

150 tablets of 400 mg, total net weight 60 g e

In the same family:

Alato 9 - ferro

anti-anaemic

Alato 16 - equisetu

remineralizing



HERBS PRESENT IN THE PRODUCT



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SPIRULINA

It is a 100% plant food that is among the most complete and balanced in nature, defined by the ONU as the best alternative food source of the future.

Spirulina combines in fact a very high protein content (70% of proteins, already transformed into amino acids) with an exceptional concentration of Vitamins (complex B, Vitamin D, E, K, Beta-carotene), Minerals (Calcium, Magnesium, Iron, Potassium, Zinc, Copper, Manganese, Chromium, Selenium), all essential amino acids and essential fatty acids.



La Fenice sas

Via Sempione 14 - 21029 Vergiate (VA)
Tel: +39 0331964868 - Fax: +39 0331942119
www.lafenicesas.it - info@lafenicesas.it