



**Alato**

**35**

Type: **Stomach**

### **Indications**

Heartburn, swelling or belching, heaviness in the stomach, chronic candida infection, frequent indigestion, chronic intestinal parasites and undigested food in the stool.

### **Recommended daily intake:**

1 tablet on each meal.

### **Physiological value:**

Betaine contributes to normal homocysteine metabolism.

### **Method of preservation:**

Store in a cool place, protected from light.

### **Contains:**

100 tablets of 805 mg, total net weight 80.5 g e

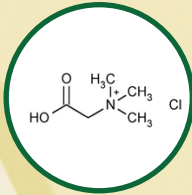


In the same family:

### **ALATO 10 - Oily extract**

immunoregulator / anti-inflammatory

## HERBS PRESENT IN THE PRODUCT



### BETAINE HCL

Betaine HCL increases the levels of hydrochloric acid in the stomach that is necessary for proper digestion and assimilation of food nutrients. Normal levels of hydrochloric acid are necessary for the complete digestion of proteins and for the absorption of amino acids. Betaine is also necessary for the extraction of vitamin B12 from foods. Betaine HCL helps us to restore stomach acid levels and maintain the proper gastrointestinal function.

The lack hydrochloric acid production can cause SIBO (Small Intestine Bacterial Overgrowth).

The consequences of this condition are

- Deficiency in nutrients such as iron and vitamin B12 that cause anemia
- Food malabsorption

Because of increased intestinal permeability, "large" particles of food that are not completely digested, enter into the circulation triggering a reaction of the immune system that can cause inflammatory states, allergies and intolerances.

The same bacteria can enter the bloodstream causing (after a chronic response of the immune system) a condition known as "chronic fatigue syndrome" and compromising liver function over time.



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**La Fenice sas**

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