



Alato

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Type: **sedative, anxiolytic**

Indications

It is a sedative of the central nervous system, indicated for organic disorders linked to a strong emotional-nervous component.

Recommended daily intake:

2 tablets, 3 times a day

Physiological value:

It is used for relaxation, mental well-being. It contrasts localized states of tension.

Method of preservation:

store in a cool place, protected from light.

Contains:

100 tablets of 455 mg, total net weight 45 g e

In the same family:

Alato 3 - dry extract

sedative, anxiolytic

Alato 4 - fluid extract

sedative, anxiolytic

Alato 5 - fluid extract

sedative, anxiolytic

Alato 33 - buds extract

sedative, anxiolytic



HERBS PRESENT IN THE PRODUCT



HOP

Hop is an antispasmodic and antiasthenic sedative. It is useful in states of hyper-excitability and it is a good remedy for melancholy, insomnia caused by the nervous system, states of tension, dyspepsias, and nervous cough. It is used essentially as a sedative.

PASSIONFLOWER

It is a sedative plant, indicated in nerve hyper-excitability, digestive spasms and cardiac erethism. In ancient times the Aztecs used passionflower as relaxant. It is a nervous system sedative and has tranquilizing, anxiolytic and antispasmodic properties. At the time of the First World War, passionflower was a treatment for "war anxieties". It is also useful for helping weaning from psychotropic drugs.



Alato

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LEMON BALM

It is useful for combating visceral spasms, nervous dyspepsia, dysmenorrhea, palpitations, nervous hyper-excitability.

It is used as a sedative in anxiety states with visceral somatization and restlessness. It is also used in gastrointestinal dyspeptic pathologies thanks to its spasmolytic action. Finally it helps in treatment of migraine.



La Fenice sas

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