



Alato

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Type: **dopamine precursor**

Indications

It helps boost energy levels, increases motivation, improves mood, concentration and metabolism.

Recommended daily intake:

2 tablets, 2-3 times a day

Physiological value:

Precursor of dopamine and thyroxine.

Method of preservation:

store in a cool place, protected from light.

Contains:

100 tablets of 300 mg, total net weight 30 g e



In the same family:

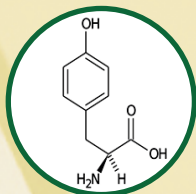
Alato 20 - Dry extract

precursor of serotonin

Alato 25 - Dry extract

brain energy metabolism

HERBS PRESENT IN THE PRODUCT



TYROSINE

Mammals synthesize tyrosine from the essential amino acid phenylalanine. It is a precursor of various substances, such as thyroxine, catecholamines (dopamine, noradrenaline and adrenaline) and melanin.



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